

Allstar cheerleading is a unisex sport in which a team performs a 2 minute 30 second routine comprised of tumbling, stunting, pyramids and dance. The routine is performed on a 42×54 spring floor at local and national competitions.

What the program entails:

The full year allstar program fields teams of athletes ages 5+ and ranging in levels 1-6. The season begins in May and lasts through late April. Teams are formed in order to be most competitive within a division. We form teams based off of stunts, jumps and tumbling skills.

- Athlete Safety/Parent Roles: The safety of all athletes is our top priority. All of our staff have an up to date back ground check, concussion training and are USASF credentialed/cleared to train athletes. We are partnered with the Sports Compliance Company that handles the intake of anonymous reporting through their hotline.
- The Stingray Allstars does not offer or help to facilitate any housing to athletes. We will not
 chaperone athletes or take on any responsibility for athletes outside of practice and
 competition times. We all must work together as coaches and parents to see that our
 athletes are able to train in a safe, positive environment.
- Time commitment: Teams will practice two days a week during the summer. You can
 expect extra practices to take place for choreography and around competition season.
 Teams will practice three days a week beginning in the fall. Attendance is incredibly
 important to a team's success. Athletes will be allowed to miss a limited number of
 practices throughout the season. Missing practice could affect an athlete's position on the
 team.
- Absences: Athletes planning to miss practice for any reason will need to have the absence approved. Unexcused absences from a team practice are limited to two per season.
 Please note: athletes that miss practice within two weeks leading up to a competition may not be able to compete at the event. Excessive absences (4+) through the summer may result in alternate status/not being choreographed in sections of the routine.

Competition Schedule/Travel: The competition schedule will be released on June 15th, 2023. The full year Allstar program will attend a variety of local and out of state competitions. All athletes are expected to attend every competition. Travel cost is not included in tuition and each family is responsible for getting their athlete to and from competitions. Some of the events we attend are considered "stay to play" which require athletes to book through the sanctioned hotels. Links to those hotels will be sent out in the months leading up to the event. Athletes that do not comply with the stay to play policy may result in team disqualification.

End of Season Events: All teams will work to earn a bid to an end of season event. End of season event costs are NOT included in the tuition and if your team earns a bid, additional fees will apply depending on the type of bid earned.

Apparel: There will be a mandatory practice wear package for all athletes. Sizing will begin on May 3rd and the last day to order is May 26th. A tryout shirt is included with the Assessment Fee. All Stingray logos, team logos and branding is protected and cannot be duplicated. All Stingray apparel must be purchased from Full Out Sports to include team sponsored items, parent apparel, etc.

Things to Know:

- If you have any questions or concerns that need immediate attention please use the following chain of communication:
 - 1.Team Rep 2. Head Coach 3. Allstar Director 4. Owner/President
- Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions.
- If your athlete is moved to alternate status their tuition rate will be adjusted. Alternate athletes are expected to attend all practices. Depending on when alternate status is established, the gym is subject to charging your account competition fees for your athlete to attend events.
- Crossover Policy: if you are asked to be a crossover athlete you will be responsible for the crossover fees in addition to your regular tuition.
- It is your responsibility to wear the appropriate practice wear to every practice and competition attire to events.
- Social Media posts that are a poor representation of the The Stingray Allstars may result in suspension or removal from the team.
- Personal items such as cell phones, school bags, or gym bags must be stored on the shelving
 adjacent to your practice floor. NO items are to be left in the gym hallways or near the doors. We are
 not responsible for lost or stolen items.
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
- Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice would not be an appropriate time.
- Athletes need to be able to physically and mentally perform all aspects of competitive cheerleading.
 This may require additional privates, classes, conditioning and/or practices.
- · NO GOSSIP about other athletes, teams, coaches and staff.
- The Stingray Allstars is not a babysitting service. No child should be dropped off at the gym unsupervised or without an active enrollment in a class, private, or practice.
- Practices may be changed or added at any time during the season.
- Anyone threatening to quit or to pull their child from a team will be dismissed from the program immediately.
- Only athletes and coaches are allowed in the gym.
- No one is allowed to yell onto the floor or try to make contact through the parent viewing area window.
- It is the parent's responsibility to know what is going on with your team. Check your emails and the team Group Me regularly. GroupMe, Band, Remind and email are all potential means of communication.
- Punishing your child by missing practice or a competition is not acceptable.
- Homework is not an acceptable excuse for missing practice.
- Parents, relatives, friends and athletes are not allowed to speak with competition officials for any reason.
- Parents are not allowed to represent The Stingray Allstars under any circumstances concerning accommodations, competitions or any other situation.
- There will be no arguing or questioning coaching decisions at competitions.
- Problems between athletes/parents will be addressed with all parties involved at a meeting with your coach and your Allstar director.
- The Stingray Allstars maintain the right to refuse services at any time.
- The Allstar Directors may change, add or subtract any rule at any time.
- Please make sure that both parents are fully aware of the time commitment to The Stingray All Stars. It is unfair to the team and especially your child for practices/competitions to be used as a bargaining tool. The Stingray Allstars will make no exceptions to schedules due to co-parenting conflicts.

Important Information

You will sign up for an Assessment time slot on our website, <u>cartersville.stingrayallstars.com</u>.

When signing up for your Assessment time slot, you will be required to pay your

first payment of \$315.00 + Assessment Fee.

Assessment Fee is \$50.00 until **Tuesday, May 2nd**. Assessment Fee is \$75.00 starting **Wednesday, May 3rd**.

Be sure to have your athlete's photo taken by an office employee when you turn in your Assessment Form.

Tuition:

Tuition is divided into **11 installments of \$315.00 plus 1 \$100 payment in April**. The tuition billing schedule is as follows:

1st payment: \$315.00 + Assessment Fee due at time of registration

2nd payment: \$315.00 billed June 1st, due by June 7th 3rd payment: \$315.00 billed July 1st, due by July 7th

4th payment: \$315.00 billed August 1st, due by August 7th

5th payment: \$315.00 billed September 1st, due by September 7th 6th payment: \$315.00 billed October 1st, due by October 7th 7th payment: \$315.00 billed November 1st, due by November 7th 8th payment: \$315.00 billed December 1st, due by December 7th

9th payment: \$315.00 billed January 1st, due by January 7th 10th payment: \$315.00 billed February 1st, due by February 7th 11th payment: \$315.00 billed March 1st, due by March 7th

12th payment: \$100.00 billed April 1st, due by March

*There is a sibling discount. After registering your athletes, call the office for account adjustment.

Auto charges run on the 8th of each month. Everyone is required to have a card on file.

Tuition Includes:

Team practices and a one-hour weekly tumble class (plus drop-in classes weekly, when space is available). Choreography, music and competition fees.

Tuition Does Not Include:

\$75.00 Stunt Camp Fee billed in June.

\$150.00 Coaches Fee billed in August. This fee is per family, not per cheerleader.

\$425.00 Full Uniform

*Returning full year athletes will not need to purchase a new uniform unless they would like a different size or newer pieces. New athletes will need to be sized at the scheduled uniform fitting times.

Warm-ups, shoes, bows, backpack and various team apparel

End of Season Event Fees (if applicable)

Travel/Hotel Expenses

Crossover Fees (if applicable)

USASF Registration Fee

Additional specialty classes, private lessons, clinics, etc.

Approximate Costs:

Warm-ups \$175.00, Shoes \$90.00-\$130.00, Bows \$20.00-\$30.00, Backpacks \$94.00-\$114.00, Practice Wear \$125.00, Shirts/Jerseys/Sweatshirts \$30.00-\$50.00, Summit Fee \$125.00-\$535.00 (based off previous years, these prices are subject to change)

Travel costs will vary greatly.

Assesments

Assessment Workouts:

Wednesday May 10th and Tuesday May 16th, (11 and Under 5:00-6:30/ 12 and up 7:00-8:30)

It is highly encouraged to attend at least one of the workouts but you are allowed to attend both workouts. In order to attend your athlete must be signed up for an Assessment time slot. We will have the gym well-staffed to offer guidance and feedback to your athlete. The athletes will learn a dance and have the ability to rep out the skills they would like to perform at the assessments. Workouts will be a low stress environment and it will give the athletes an opportunity to meet with our staff.



Parent Information Meetings: We will have a Zoom meeting on May 8th. There will also be 2 in person meetings May 17 and 18 at 6:00pm. We strongly encourage attending at least one of the meetings.

Assessments:

Assessment time slots are divided by AGE only for Friday and Saturday.

Friday May 19th: Saturday May 20th:

11 and younger 5:00-7:00pm

12 and older 7:00-9:00pm

12 and older 11:00-1:00pm

Team Announcements Monday May 22nd

You will receive an email from the office with your team placement. All teams first practice will start either on Wednesday May 24th or Thursday May 25th. Practice days and times will be provided in your email.

Important Dates at a Glance:

First Practice: Either Wednesday May 24th or Thursday May 25th

Stunt Camp: June 15th-17th

Stunt Choreography: June 27th-29th 4th of July Closure: July 1st-7th

Routine Choreography: July 18-20th and/or 25/26th

First Sunday Practice: August 6th Fall Break Closure: October 1st-6th

Thanksgiving Closure: November 20th- 24th Holiday Closure: December 20-January 2nd Spring Break Closure: March 29-April 5th 2024

REGISTRATION INSTRUCTIONS

All bookings and registration is done through the Parent Portal on the Stingray website: cartersville.stingrayallstars.com. Once on the site, click on the Cartersville tab, then the "Cheer Portal".

If you already have an account in our system, you will log in to your current account. **DO NOT CREATE ANOTHER ACCOUNT.** If you have any trouble logging in please contact the front office for assistance.

If you are a new member, it will prompt you to input the guardian information, athlete information and accept the policies/waiver. Please be sure to opt in to email notifications as the email entered will be where team placements and other important gym information will be sent.

Once logged in, click on "Bookings" then "Assessments". From there you will click on the day/time that works best for your athlete.

Friday May 19th:

- 11 and younger 5:00-7:00pm
- 12 and older 7:00-9:00pm

Saturday May 20th:

- 11 and younger 9:00-11:00am
- 12 and older 11:00-1:00pm

Please only choose one time slot. Add to cart, click pay now. You will receive a confirmation email once your transaction is complete.

Please print and turn in your completed Assessment form located on the Forms page.

All accounts must be paid in full to register for Assessments. You must keep your account current to remain active on your team. There will be no refunds made to anyone who quits or is asked to leave the program.



Thursday May 11th from 6:00-7:30 or Monday May 15th from 6:00-7:30

This is an optional clinic, however; if your athlete wants to be considered for a flying position it is highly encouraged they attend a stunt clinic leading up to Assessments. Athletes skills will be recorded and referenced during the placement process. The clinic will be staffed with stunt coaches and stunt groups for the flyers to stunt on. Athletes will show flexibility and stunt level appropriate skills.. You will register for this through the website under bookings.

